

A central lightbulb is illuminated, casting a warm glow. The word "thriving" is written in a bold, orange font inside a white circle that is surrounded by a ring of small white dots. Other lightbulbs are visible in the background, but they are unlit and out of focus.

thriving

Are you thriving?



What is **thriving** for me?

My **thriving** score
for last 3 months.

/10

My desired
thriving score.

/10

Mark Mulligan

[Website](http://www.thriving.london) www.thriving.london or visit us on [LinkedIn](#)



My **thrive** account - interactions with the team

⊖ What **sabotages** it?

⊕ What **helps** it?

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What am I going to do?

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