

A central glowing lightbulb is the focal point, with the word "thriving" written in orange lowercase letters inside its bright white glow. The lightbulb is surrounded by a circular pattern of small white dots. In the background, several other lightbulbs are visible, but they are out of focus and unlit, hanging from black cords against a dark background.

thriving

Are you thriving?

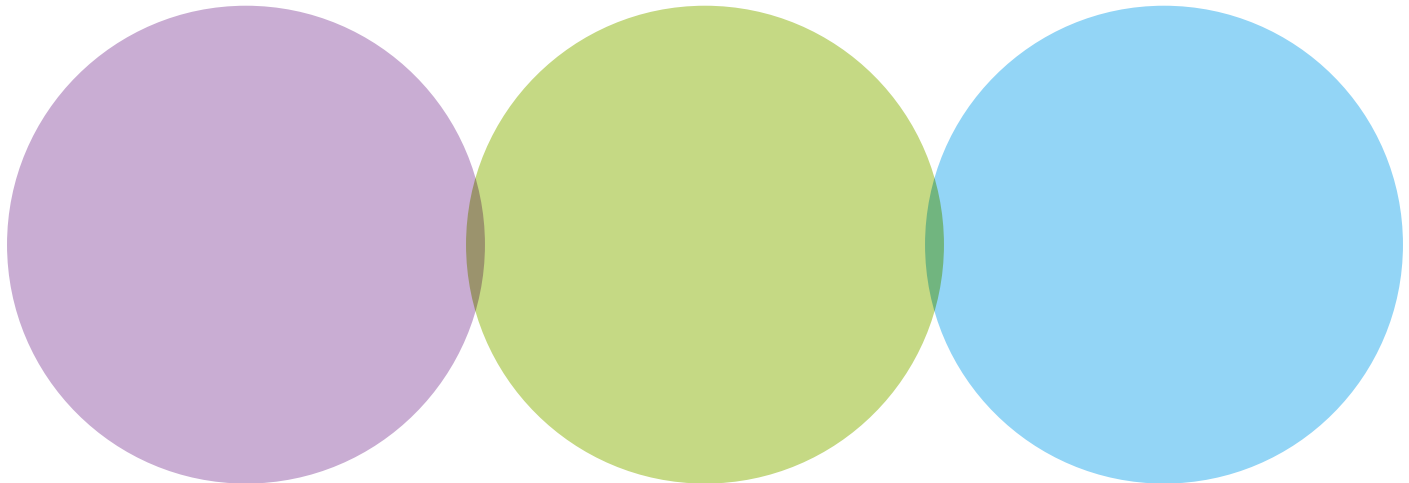


How do I stress?

Emotional

Physical

Behavioural





What is **thriving** for me?

My **thriving** score
for last 3 months.

/10

My desired
thriving score.

/10



My **thriving** account

⊖ What **sabotages** it?

⊕ What **helps** it?



What am I going to do?