



What is **thriving** for me?

My thriving score for last 3 months.

/10

My desired thriving score.

/10



My thriving account

What sabotages it?

• What helps it?



What am I going to do?



Team behaviours to build a healthy wellbeing culture

What sabotages it?

• What helps it?



What am I going to do, to build a healthy wellbeing culture?